Five Research-Based Learning Principles for Quality Learning in Afterschool Programs

1. Learning that is Active: Use active and hands-on learning experiences and discovery
2. Learning that is Collaborative: Use team building skills, listening, and resolving differences
3. Learning that is Meaningful: Encourage youth ownership and choice, make learning relevant
4. Learning that Supports Mastery: Use practice, explicit sequencing of skills, encourage “getting really good at something”
5. Learning that Expands Horizons: Encourage learning new skills, new cultures, and/or exploring careers and college options

Learning in Afterschool & Summer Project, Temescal Associates