

School Age Curricular Framework Easy Sheet
Social-Emotional Learning and Character Development Level 2



Social-Emotional and Ethical Development will promote the healthy development of each child by teaching the habits of thoughtfulness and deeds that help people live and work together as families, friends, neighbors, communities and nations. Programs can integrate character education and social-emotional development within their environments and reinforce core ethical values such as respect, responsibility and citizenship.

<p>Rationale</p>	<p>Provides experiences in the following areas:</p> <ul style="list-style-type: none"> ★ Expression of feelings ★ Identification of self-control methods ★ Learning how to resolve conflict without aggression, and encouragement to generate positive, effective solutions to problems ★ How to interact with a diverse group of people in school, the community and workplace ★ Program-school partnership to develop consistent messages about the character traits that lead to success in life.
<p>Examples</p>	<p>Materials</p> <ul style="list-style-type: none"> ★ Books on character education, social-emotional development ★ Posters/signs that outline problem-solving and conflict resolution strategies ★ Sensory materials and tools that support social-emotional needs, like fidgets, stress balls, headphones to wear, other... ★ Tools for identification of feelings, like mood meters, charts <hr/> <p>Activities</p> <ul style="list-style-type: none"> ★ Making/using sensory materials, including art, clays & doughs, water ★ Child input into developing and interpreting group rules and guidelines ★ Group and peer activities that foster peer awareness, cooperation, etc... <hr/> <p>Interactions</p> <ul style="list-style-type: none"> ★ Modeling and teaching positive communication, like “I statements” to express feelings and wants, active listening and social problem solving. ★ Addressing negative peer interaction (teasing, exclusion, bullying, arguing) <hr/> <p>Resources</p> <ul style="list-style-type: none"> ★ Centervention: Social and Emotional Learning Games for After School Programs. https://www.centervention.com/social-emotional-learning-activities/ ★ Character Education: Teaching Values for Life. Instructional Fair, TS Denison. Grand Rapids, MI. ★ After-School Energizers: Classroom-based Physical Activities. 3rd Ed., North Carolina Department of Public Instruction.



★ Playworks. Oakland, CA [Playworks.org](https://www.playworks.org)

★ Self-esteem GAMES: 300 Fun Activities That Make Children Feel Good about Themselves.